



## Magdalen Kit List

Magdalen activities are all outside so regardless of what time of year you visit, the following five items are essential.

**A good waterproof jacket – large enough to fit over several layers of clothing**

**Waterproof over trousers**

**Wellington boots or walking boots with thick socks**

**Water bottle labelled with child's name**

**Warm hat e.g. woolly hat**

Plenty of **layers** of warm, comfortable old clothing (jeans are not good for outdoor activities as they do not dry quickly), non-cotton tracksuit type clothing is best. Clothing that can be worn in many layers is much more flexible and allows adjustment to the weather and conditions.

**Thick socks (including a long thick pair to wear with Wellingtons)**

**Underwear**

**Pyjamas**

**Backpack (for packed lunch on first day, clipboards etc.)**

**Outdoor shoes such as trainers or walking boots (designated to only be worn outside the building) – These are ESSENTIAL if your group will be doing the Low Ropes Challenge Activity (wellies and converse-style canvas trainers are not suitable)**

**Indoor shoes such as slippers or trainers (designated to only be worn inside the building)**

**Trainers or shoes to wear on the coach**

**Warm coat (if waterproof jacket is a thin material)**

**Towel and wash kit**

**Sun cream and sun hat**

**Torch and spare batteries**

**Camera (optional)**

**A game or book for quiet time e.g. top trumps**

**Three spare plastic bags to take home dirty laundry, muddy waterproofs and muddy wellies**

**Teddy bear!**

**Packed lunch for the first day**

If the visit is in the colder months you will need to bring a lot of layers of clothes, extra thick socks, a warm hat, scarf and gloves. If the visit is in the warmer months and have planned a beach visit you may want to bring swimwear and an extra towel for paddling in the sea.